ABRSM Grade 1 piano scales rota

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Scales: right hand (two octaves):	C major	G major	D major	F major	a minor	d minor	
Scales: left hand (two octaves)	C major	G major	D major	F major	a minor	d minor	
Contrary-motion scales	C major						
Broken Chords: right hand.	C major	G major		F major	a minor	d minor	
Broken Chords: left hand.	C major	G major		F major	a minor	d minor	

Scales

- C, G, D, F majors hands separately A, D minors (natural *or* harmonic *or* melodic at candidate's choice) *2 octaves* (L.H. may, at the candidate's choice, be played descending and ascending)

Contrary-motion scale

C major hands beginning on the key-note (unison) 1 octave

Broken chords

hands separately, as pattern below C, G, F majors A, D minors

